Appendix I: HOS Time Record Forms

Extra-Provincial (Federal) Motor Carriers - Driver's Hours of Service Time Record

(For use by motor carriers that operate outside of Manitoba)

Carrier Name: _____

Driver Name: _____

Month: _____

Elected Cycle: ☐ Cycle 1 ☐ Cycle 2

Date	On-Duty Start Time	On-Duty End Time	Remarks

NOTE: You must record the following items in the remarks section:

1. *Deferral of Off-Duty Time (48-hour averaging)*
2. *When driving time is extended and the off-duty time is reduced because of an unforeseen adverse driving condition or an emergency*
3. *When a CMV is used for personal use (odometer readings required)*

Intra-Provincial Motor Carriers - Driver's Hours of Service Time Record

(For use by motor carriers that operate within Manitoba)

Carrier Name: _____

Driver Name: _____

Month: _____

Date	Start Shift Time	End Shift Time	Remarks