



**WORKSAFELY MHCA™**



# SAFETY TALK

## Winter Survival

When traveling long distances in sparsely populated areas or working in remote areas emergency preparedness and planning is essential for your safety during the cold winter season

### HAZARDS

- Winter storms can be fatal if one is not prepared
- Travelling long distances during the winter season in sparsely populated areas can be dangerous if road side emergency kit is not available in your vehicle
- Working or traveling alone with no emergency plan in extreme cold weather is hazardous
- Working or traveling in a remote area with no communication plan in the winter season is hazardous
- Not wearing properly rated winter clothing is hazardous
- Poorly maintained vehicles can cause unexpected break downs during a winter storm

### SAFEGUARDS

- Always have an emergency kit in your vehicle. This kit should include supplies such as enough water to last 72 hours, enough non-perishable food to last 72 hours, a flashlight with batteries, blankets, extra warm clothing and a first aid kit
- Traveling long distances during the winter season should be avoided if at all possible
- When working alone an emergency plan should always be in place before heading out to work
- Someone should always know where you are working. A consistent check-in plan, either by phone or radio, with a co-worker or supervisor should be established before going to a remote location
- Wearing clothing rated for extreme cold weather will help winter survival
- Maintain vehicles in safe operating condition to help prevent break downs



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02/2014



# SAFETY TALK

This Safety Talk is intended to bring awareness to workplace hazards and the measures to take to reduce or eliminate hazards. Print and review this talk with your staff, sign off and post on a bulletin board. File for audit purposes.

Date: \_\_\_\_\_

Company: \_\_\_\_\_

Performed By: \_\_\_\_\_

Location: \_\_\_\_\_

**Name & Number of Safety Talk** \_\_\_\_\_

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**Employee Signature:**

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**Concerns:**

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**Corrective Actions:**

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