


# The BFI Journey

In the Nor-Man Region

## This is our train!

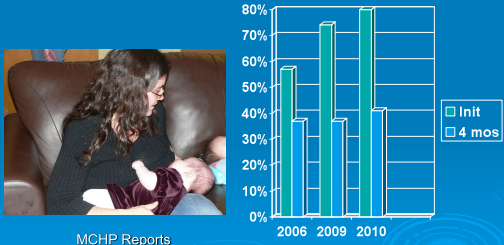
- Multi-disciplinary committees- FF/TP (1999)
- Re-vamped all resources
- Activities for BF Week every year
- 2000 – TPHC nursery lost in renovation (24-hr room-in)
- Original BF policy 2002 – updated 2010
- BF Photo contest - 2005
- Mock assessment TPHC– Oct/ 2009 Kathy Venter



## ...and the journey continues..

- Quintessence BF Challenge 2008 – present
- Regional BF policy – 2010
- Visit to 3 First nations communities –June 2010
- Northern BFI workshop September 2010
- 20 hour BF course (thank you Burntwood!) – 58 staff members/ 2 Physicians (!) ;Nursing students – 1 Day BF course prior to Obs rotation
- Document review TPHC submitted Aug/10
- 1 Facility Pre-assessment Oct 5/2011 → Letter of Intent/Contract → PHCC's in TP and FF

## BF Rates in the Nor-Man region



Year	Init (%)	4 mos (%)
2006	~58%	~38%
2009	~72%	~38%
2010	~78%	~42%

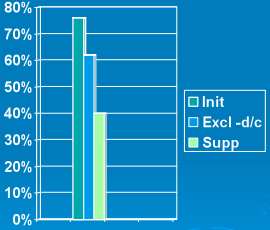
## The Pas Health Complex



- 328 deliveries/year
- Skin-to-skin >3 years (assessments, BCGs, blood draws)
- 24-hr rooming-in since 2000
- Chart audits since 2009
- Decanting formula (fridge, draft policy)
- All Emerg staff → 3 hour on-line; Acute Unit & Float pools → 20 hour course

## The Pas Health Complex

- BF rates 2010 (chart audits)
- Now doing signed, informed consent for supplementation



Category	Rate (%)
Init	~75%
Excl -d/c	~62%
Supp	~40%

### What the chart audits revealed!

- Supplementation rate ↑
- Reason for supp not always documented
- LATCH-R score not always documented
- Skin-to-skin was not being recorded



### Skin to Skin



### Teaching Hand Expression



### Quintessence BF Challenge



### The BFI train visits First Nations communities – June 2010



### Northern BFI Workshop

September, 2010

Elders from First Nations Communities



## Challenges along the way

- Buy in  
(Senior Mgmt, not all Facilities)
- Staff attitudes
- Supplementation rates
- Blood draws at the bedside
- Student nursing assessments at the bedside



## What helped?

- 2 LCs (2005)
- Staff education
- MB Health (working groups, BF Rounds, workshops, resources)
- Chart audits
- Kathy Venter visiting the region
- Inviting CEO to participate (opening remarks)



## Still ahead....



- Reaching Moms early on in pregnancy
- BF drop-off rate
- Subsidized formula in the First Nations communities
- Educating the "seasoned" physicians

## For the kids!

- "Promoting and supporting healthy families in healthy communities should be a basic approach in every disease and injury prevention strategy."



- Chief Provincial Public Health Officer's Report on the Health Status of Manitobans 2010

Pow Wow Opaskwayak Cree Nation  
2011