



HEALTHY BABY

Winnipeg Community Support Programs

- Support before and after your baby is born
- Parenting Tips • Nutrition Activities • Bonding with your Baby • Milk Coupons • Bus Tickets

Downtown & Wolseley:

Healthy Start
204-949-5350

Freight House Comm. Centre
Door 1-200 Isabel St.

Magnus Eliason Rec. Centre
430 Langside St.

St. Peter's Lutheran Church
65 Walnut Street

Newcomers to Canada
Freight House Comm. Centre
Door 1-200 Isabel
(with interpreters)

Building Healthy Families
204- 471-3680

Crossways
222 Furby St. (lower level)

St. Vital:

Family Foundations
204-946-9153

Barbara Mitchell Family Res.
Centre;
51 Morrow Ave.

Baby and Me
204-255-4840

The United Church in Meadowood
1111 Dakota St.
(across from Collège Jean -Sauvé)

Young Expectations
204-255-4840

Youville Centre
6-845 Dakota St.

North End & McPhillips:

NorWest Baby Steps
431-276-2647
785 Keewatin St.

Healthy Start
204-949-5350

Hope Centre
240 Powers St.

Maples Community Centre
434 Adsum Dr.

Turtle Island Community Centre
510 King St.

St. John's Leisure Centre
601 Aikins St.

Families Connecting
204-947-2422 ext.113

Seven Oaks Adult Learning Centre
950 Jefferson Ave

River & Osborne:

Families Connecting
204-947-2422 ext.113

Fort Rouge Leisure Centre
625 Osborne Street.

Mayfair Recreation Centre
40 Mayfair Pl.

Charleswood & St. James:

Great Expectations
204-831-5950

Westgrove School
50 Westgrove Way

Sturgeon Heights Comm. Centre
210 Rita St.

Heritage-Victoria Comm. Centre
950 Sturgeon Rd.

Transcona, East & North Kildonan:

Families Connecting
204-947-2422 ext.113

Transcona Memorial United
Church
209 Yale Ave. W

Access River East
975 Henderson Hwy.

East Elmwood Community Centre
490 Keenleyside Street

Young Parents Connecting
204-223-9450

Salisbury Morse Place School
794 Prince Rupert Ave.

Fort Garry & St. Boniface:

Healthy Start
204-949-5350

Trinity United Church
933 Summerside Ave.

Access St Boniface
170 Goulet St

Bébé en santé
204-237-9666 ext. 216
Fédération des parents de la
francophonie manitobaine (FPFM)
2-622 ave. Taché
(Services in French)