

PURPOSE

A range of residential service options has been developed for individuals with a mental disability in order to:

- provide alternatives for individuals who are unable to live independently or with family or friends without supports;
- provide choices to meet the variety of residential needs and preferences as expressed by individuals and their families;
- provide the least restrictive and least intrusive living options available to meet the safety and security needs of individuals; and
- enhance the ability of individuals to lead satisfying, independent and productive lives within the community.

OBJECTIVES

All residential service options strive to meet the service principles as described in Section C11A. These principles are operationalized through the individual planning process which identifies the most suitable and preferable living option for the individual and the supports that are to be provided in that option. In addition, these principles are operationalized through the development of policies, procedures and practices within an agency or program.

The objectives related to these principles and common to all residential service options are as follows:

- **To provide opportunities for individuals to lead satisfying and secure lives in the community.**
Objectives to achieve this principle relate to the provision of supports and the existence of practices with respect to: health care; personal care; safety; management of personal funds and possessions; the maintenance of a home environment conducive to individual well-being; and the attainment of a satisfying lifestyle for the individual.
- **To provide individuals with the opportunity to lead productive lives in the community.**
Objectives to achieve this principle relate to the provision of supports or existence of practices with respect to: the development of daily living skills and routines; involvement with household management and maintenance; meeting work/day service obligations; and being a contributing member of the community.

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- **To provide individuals with the opportunity to direct their lives.**

Objectives to achieve this principle relate to the provision of supports or the existence of practices with respect to: communication of individual preferences and needs; the availability of meaningful choices; individual decision-making; assertion of individual rights; making appeals or grievances; and taking reasonable risks.

- **To provide individuals with the opportunity to lead lives as part of the community.**

Objectives to achieve this principle relate to the provision of supports or the existence of practices with respect to: the maintenance and development of personal relationships; the promotion of natural supports; the availability of information on community resources; the pursuit of leisure activities in the community; participation and integration in the community; and mobility in the community.

DESCRIPTION OF OPTIONS

Supports available through the Community Living disABILITY Services Program to maintain and enhance the individual's ability to live in his/her chosen living option include:

- personal supports which may include the provision of information and counselling (refer to Section C100.1);
- funding to purchase the services and supports required by the individual (refer to Section C100.2); and
- crisis intervention where the individual's continuation in his/her living option is in jeopardy (refer to Section C111).

The living options where supports may be provided, have been grouped into four broad categories as follows, although a variety of living arrangements are possible within each category.

PARENTAL HOME/EXTENDED FAMILY

The individual lives with his/her parents, extended or adoptive family with supports provided through the Community Living disABILITY Services Program. The family members are primarily responsible for the provision of supports consistent with the individual's needs and are fully responsible for the day-to-day management of their household.

This living option enables the individual to continue living with family through supports that:

- assist the family to cope with the special needs of the individual;
- provide assistance to the family with the full-time responsibilities of caring and supporting the individual;
- provide direct care to the individual in areas that the family is unable to manage; and/or

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- assist the individual to become as independent as possible and to participate in and contribute to family and community life.

SUPPORTED INDEPENDENT LIVING

The individual lives in his/her own or shared accommodation and assumes responsibility for the payment of rent and utilities, and the day-to-day management of his/her home, with supports provided on an intermittent basis. Independent living with supports is a suitable option for those individuals who:

- possess the self care, domestic, safety and decision-making skills necessary for living independently in a supportive environment; or
- have the ability to direct their own lives and to make their own decisions about supports provided if they require extensive assistance to maintain daily activities and routines.

Funding and services to support independent living may also be approved for individuals who do not have these pre-requisite skills. The approval is made on a case-by-case basis dependent on such factors as:

- the degree of risk to the safety and security of the individual; and
- the availability of additional formal and informal supports to reduce the element of risk.

This living option enables the adult to lead as independent a lifestyle as possible through supports that:

- increase the individual's competency in all the daily living skills, activities and routines necessary for independent living;
- assist the individual to find alternative methods of achieving independence should he/she be unable to acquire a particular daily living skill or routine;
- reduce the element of risk by teaching the individual the necessary safety skills;
- assist the individual to find additional supports or alternative methods to address identified areas of risk where these cannot be addressed through individual instruction;
- increase the individual's participation and integration in the community; and
- encourage and assist the individual to develop a support network to reduce dependency on paid staff.

RESIDENTIAL CARE FACILITY

Residential Care Facilities are a suitable option for those individuals who are unable to live with family or independently even if additional supports are available through the Community Living disABILITY Services Program.

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In this option, the individual lives in the home of a non-relative where supports are provided consistent with the needs of the individual in addition to the provision of room and board services. The type of housing and the total number of individuals living together varies from one home to another.

Residential Care Facilities are required to meet various standards (i.e. public health, fire safety, residential care) and must apply for a licence to operate (refer to Residential Care Licensing - Section C166.3 and the "Residential Care Licensing Manual").

This living option enables the individual to live in the least restrictive and least intrusive manner possible through supports that:

- provide for on-site staffing and availability of staff assistance whenever resident(s) are at home;
- ensure the health and safety of resident(s) in accordance with licensing standards;
- maintain or increase the individual's competence in daily living skills;
- assist the individual to access and participate in community and social activities;
- assist the operator and/or staff to meet the special needs of the individual; and
- provide for "individualized supports" for residents who are capable of and desire to remain at home without supervision for specific periods of time (refer to Section C166.8).

The types of living arrangements under this option include:

Residential Care Facility - Home Share

The individual lives in a private or agency supported home with a family unrelated to him/her but is treated as part of the family. A few other children and adults requiring care, may also live in the home. The family members of the operator may also be involved with the provision of supports and the day-to-day operation of the home. This living option typically is suitable for those individuals who prefer a family setting and do not require extensive or intensive supports.

Residential Care Facility - Shift-Staffed

The individual lives in a home that is operated by an agency. The agency is responsible for the overall administration of the home including the recruitment and supervision of staff. Staff are responsible for the day-to-day operation of the home and for the provision of supports to the resident(s). Agency operated programs typically are the most suitable option for those individuals who either have extensive support needs or require intensive instruction in daily living skills.

PROCESS

1. The individual's eligibility for the Community Living disABILITY Services Program is determined during the intake process (refer to Section C44, Intake).

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- 2. Eligible individuals and/or their families must request services from the Community Living disABILITY Services Program, with the exception that decisions may be made by the Department where the individual is in need of protective services (refer to Section C99, Protection).
- 3. The individual's residential needs are assessed in order to identify the type of living option, support and funding required by the individual.
- 4. The most appropriate and desirable type of residential service option for the individual and the specific residential supports required by the individual are identified through the individual planning process. The individual may simultaneously require assistance with planning for a day service (refer to Section C66, Individual Planning).

The Community Service Worker assists with arranging or seeking approvals for the appropriate funding required through a combination of the following funding alternatives.

- 6. Prioritization for service provision and placements are determined by the department. The implementation or placement* date for residential services is dependent on:
 - the prioritization of the needs of the individual in relation to other individuals in need of services;
 - the compatibility of individuals in need of services (i.e. in group or shared living options); and
 - the availability of resources and funding for supports.
- 7. The individual is referred to the appropriate resource and the Individual Plan is implemented (i.e. placement, provision of supports) after funding approval.
- 8. The Community Service Worker is responsible for the ongoing monitoring of the individual's placement, Individual Plan and the Financial Care Plan. This includes the development of a revised or updated Individual Plan and Financial Care Plan when changes occur in the individual's care and support needs.

* *Individuals moving into Residential Care Facilities may require simultaneous placement in day service or vocational programs, unless other arrangements are planned.*

STANDARDS

- 1. The individual must be eligible to receive services through the Community Living disABILITY Services Program in order to access services.
- 2. An Individual Plan must be developed with each individual who receives services through the Community Living disABILITY Services Program.

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COMMUNITY LIVING disABILITY SERVICES

Subject: **Residential Service Options**

ADULT DISABILITY SERVICES

3. The Social Services Administration Act requires that Residential Care Facilities be licensed and meet standards as specified by Manitoba Regulation 484/88 R, prior to the placement of individuals in a facility.

4. An Individual Plan and Financial Care Plan must be monitored on an ongoing basis and revised and updated where changes have occurred.

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