

The way it's written in the Act...



*Guiding Principles of the Adults Living with an Intellectual Disability Act*

And now in plain language...

1. WHEREAS Manitobans recognize that adults living with an intellectual disability are presumed to have the capacity to make decisions affecting themselves, unless demonstrated otherwise;
2. AND WHEREAS it is recognized that adults living with an intellectual disability should be encouraged to make their own decisions.
3. AND WHEREAS it is recognized that the adult living with an intellectual disability's support network should be encouraged to assist the adult with an intellectual disability in making decisions so as to enhance his or her independence and self-determination;
4. AND WHEREAS it is recognized that any assistance with decision making that is provided to an adults living with an intellectual disability should be provided in a manner which respects the privacy and dignity of the person and should be the least restrictive and least intrusive form of assistance that is appropriate in the circumstances;
5. AND WHEREAS it is recognized that substitute decision making should be invoked only as a last resort when an adults living with an intellectual disability needs decisions to be made and is unable to make these decisions by himself or herself or with the involvement of members of his or her support network;



1. Adults living with an intellectual disability are presumed able to make their own decisions.
2. Adults living with an intellectual disability are encouraged to make their own choices.
3. If an adult living with an intellectual disability needs help to make a choice, the legislation encourages friends, family, and service providers to help him/her understand the choices to make an informed decision.
4. Any help provided must be respectful of the adult living with an intellectual disability's privacy and dignity as an adult.
5. There may be a decision that the adult living with an intellectual disability is unable to make, even with help. As a last resort a substitute decision maker can be identified.