

# COVID-19 NOVEL CORONAVIRUS

## TRAVELLERS' INFORMATION

March 26, 2020

On March 20, 2020, Manitoba declared a province-wide state of emergency to address the COVID-19 pandemic, under the authority of the Emergency Measures Act, and issued public health orders that are in place. For more information on the state of emergency, and how to protect yourself and others, visit: [manitoba.ca/COVID19](https://manitoba.ca/COVID19).



**All travellers (international and domestic) are advised to self-isolate and self-monitor for symptoms for 14 days upon arriving in Manitoba.**

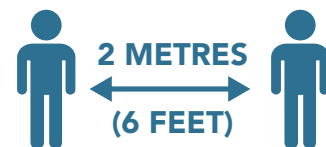
### This does not include:

- workers involved with the commercial transportation of goods and services;
- workers who live in a neighbouring jurisdiction and travel to Manitoba for work;
- health care workers who travel to work from outside the province; and
- normal personal travel in border communities, including visits to a cottage.

You are advised to self-isolate and self-monitor for symptoms for 14 days upon arriving in Manitoba.

**Self-isolation** is used to lower the chance of spreading the illness to other people. Self-isolation means avoiding situations where you could infect other people. This can help prevent the spread of infections.

**Do not** attend activities or gatherings where you may come in close contact with other people. This includes work, school and university, public transport (plane/bus/taxi/carpool), health-care facilities, faith-based facilities (church or funerals), grocery stores or restaurants, shopping malls, sporting events, concerts and birthday parties.



If you're experiencing symptoms of COVID-19, take the online self-assessment at [manitoba.ca/COVID19](https://manitoba.ca/COVID19).

Contact Health Links-Info Santé at 204-788-8200 or 1-888-315-9257.

**Do not call 911 unless it is an emergency.**

For more information, visit [manitoba.ca/covid19](https://manitoba.ca/covid19) or call **Manitoba Government Inquiry** at 204-945-3744 or toll free in North America: 1-866-626-4862.